

FIRST FRIDAY DEVOTIONS TO THE SACRED HEART OF JESUS



SACRED HEART NOVENA

O SACRED HEART, O LOVE DIVINE

*O Sacred heart, O love Divine
Do keep us near to Thee
And make our love so like to Thine
That we may holy be*

CHORUS:

*Heart of Jesus hear
O heart of love Divine
Listen to our prayer
Make us always Thine*

*O temple pure, O house of gold
Our heaven here below
What sweet delight, what wealth untold
From Thee do ever flow
(CHORUS)*

OPENING PRAYER

O most holy Heart of Jesus, Fountain of every blessing, I adore You, I love You, and with a lively sorrow for my sins, I offer You this poor heart of mine. Make me humble, patient, pure, and wholly obedient to Your will.

Grant, good Jesus, that I may live in You and for You. Protect me in the midst of danger, comfort me in my afflictions, give me health of body, assistance in my temporal needs, Your blessing in all that I do, and the grace of a holy death. **Amen.**

THE EFFICACIOUS NOVENA TO THE SACRED HEART OF JESUS

I. O my Jesus, you have said: "Truly I say to you, ask and you will receive, seek and you will find, knock and it will be

opened to you." Behold I knock, I seek and ask for the grace of **(name your request here)**

Our Father... Hail Mary... Glory Be...

Sacred Heart of Jesus, I place all my trust in you!

II. O my Jesus, you have said: "Truly I say to you, if you ask anything of the Father in my name, he will give it to you." Behold, in your name, I ask the Father for the grace of **(name your request here)**

Our Father... Hail Mary... Glory Be...

Sacred Heart of Jesus, I place all my trust in you.

III. O my Jesus, you have said: "Truly I say to you, heaven and earth will pass away but my words will not pass away." Encouraged by your infallible words I now ask for the grace of **(name your request here)**

Our Father... Hail Mary... Glory Be...

Sacred Heart of Jesus, I place all my trust in you.

CONCLUDING PRAYER

O Sacred Heart of Jesus, for whom it is impossible not to have compassion on the afflicted, have pity on us miserable sinners and grant us the grace which we ask of you, through the Sorrowful and Immaculate Heart of Mary, your tender Mother and ours.

HAIL HOLY QUEEN

Hail, holy Queen, Mother of mercy,
hail, our life, our sweetness and our hope.
To thee do we cry, poor banished children of Eve:
to thee do we send up our sighs,
mourning and weeping in this valley of tears.
Turn then, most gracious Advocate,
thine eyes of mercy toward us,
and after this our exile,
show unto us the blessed fruit of thy womb, Jesus,
O clement, O loving, O sweet Virgin Mary!

St. Joseph, foster father of Jesus, pray for us.

ACT OF CONSECRATION TO THE SACRED HEART OF JESUS

O Sacred Heart of Jesus, to Thee I consecrate and offer up my person and my life, my actions, trials, and sufferings, that my entire being may henceforth only be employed in loving, honoring and glorifying Thee. This is my irrevocable will, to belong entirely to Thee, and to do all for Thy love, renouncing with my whole heart all that can displease Thee.

I take Thee, O Sacred Heart, for the sole object of my love, the protection of my life, the pledge of my salvation, the remedy of my frailty and inconstancy, the reparation for all the defects of my life, and my secure refuge at the hour of my death. Be Thou, O Most Merciful Heart, my justification before God Thy

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Father, and screen me from His anger which I have so justly merited. I fear all from my own weakness and malice, but placing my entire confidence in Thee, O Heart of Love, I hope all from Thine infinite Goodness. Annihilate in me all that can displease or resist Thee. Imprint Thy pure love so deeply in my heart that I may never forget Thee or be separated from Thee.

I beseech Thee, through Thine infinite Goodness, grant that my name be engraved upon Thy Heart, for in this I place all my happiness and all my glory, to live and to die as one of Thy devoted servants. **Amen.**

HEART OF JESUS, MEEK AND MILD

*Heart of Jesus meek and mild,
Hear, oh hear thy feeble child,
When the tempest's most severe,
Heart of Jesus hear!*

CHORUS:

*Sweetly we'll rest on thy Sacred Heart,
Never from Thee, oh, let us part,
Hear then thy loving children's pray'r,
O Heart of Jesus, Heart of Jesus hear.*

*Make me Jesus wholly thine,
Change this wayward heart of mine,
Guide me through this world so drear,
Heart of Jesus hear!
(CHORUS)*

HOLY MASS

The Mass of the day is celebrated.

EUCCHARISTIC BENEDICTION

O SALUTARIS

*O salutaris Hostia,
Quae caeli pandis ostium:
Bella premunt hostilia,
Da robur, fer auxilium.
Uni trinoque Domino
Sit sempiterna gloria,
Qui vitam sine termino
Nobis donet in patria.
Amen.*



ACT OF REPARATION TO THE SACRED HEART OF JESUS

O sweet Jesus, Whose overflowing charity for me is requited by so much forgetfulness, negligence and contempt, behold us prostrate before Your altar (in Your presence) eager to repair

by a special act of homage the cruel indifference and injuries, to which Your loving Heart is everywhere subject.

Mindful alas! that we ourselves have had a share in such great indignities, which we now deplore from the depths of our hearts, we humbly ask Your pardon and declare our readiness to atone by voluntary expiation not only for our own personal offenses, but also for the sins of those, who, straying far from the path of salvation, refuse in their obstinate infidelity to follow You, their Shepherd and Leader, or, renouncing the vows of their baptism, have cast off the sweet yoke of Your Law.

We are now resolved to expiate each and every deplorable outrage committed against You; we are determined to make amends for the manifold offenses against Christian modesty in unbecoming dress and behavior, for all the foul seductions laid to ensnare the feet of the innocent, for the frequent violations of Sundays and holidays, and the shocking blasphemies uttered against You and Your Saints.

We wish also to make amends for the insults to which Your Vicar on earth and Your priest are subjected, for the profanation, by conscious neglect or terrible acts of sacrilege, of the very Sacrament of Your Divine Love; and lastly for the public crimes of nations who resist the rights and teaching authority of the Church which You have founded.

Would, O divine Jesus, we were able to wash away such abominations with our blood. We now offer, in reparation for these violations of Your divine honor, the satisfaction You once made to Your eternal Father on the cross and which You continue to renew daily on our altars; we offer it in union with the acts of atonement of Your Virgin Mother and all the Saints and of the pious faithful on earth; and we sincerely promise to make recompense, as far as we can with the help of Your grace, for all neglect of Your great love and for the sins we and others have committed in the past.

Henceforth we will live a life of unwavering faith, of purity of conduct, of perfect observance of the precepts of the gospel and especially that of charity. We promise to the best of our power to prevent others from offending You and to bring as many as possible to follow You.

O loving Jesus, through the intercession of the Blessed Virgin Mary, our model in reparation, deign to receive the voluntary offering we make of this act of expiation; and by the crowning gift of perseverance keep us faithful unto death in our duty and the allegiance we owe to You, so that we may one day come to that happy home, where You with the Father and the Holy Spirit lives and reigns, God, world without end.
Amen.

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THE LITANY OF THE SACRED HEART OF JESUS

V. Lord, have mercy.
R. Lord, have mercy.
V. Christ, have mercy.
R. Christ, have mercy.
V. Christ, hear us.
R. Christ graciously hear us.

God the Father of Heaven, *have mercy on us (R.)*
God the Son, Redeemer of the world, **R.**
God the Holy Spirit, **R.**
Holy Trinity, One God, **R.**

Heart of Jesus, Son of the Eternal Father, **R.**
Heart of Jesus, formed by the Holy Spirit in the womb of the Virgin Mother, **R.**
Heart of Jesus, substantially united to the word of God, **R.**
Heart of Jesus, of infinite majesty, **R.**
Heart of Jesus, sacred temple of God, **R.**
Heart of Jesus, tabernacle of the Most High, **R.**
Heart of Jesus, house of God and gate of heaven, **R.**
Heart of Jesus, burning furnace of charity, **R.**
Heart of Jesus, abode of justice and love, **R.**
Heart of Jesus, full of goodness and love, **R.**
Heart of Jesus, abyss of all virtues, **R.**
Heart of Jesus, most worthy of all praise, **R.**
Heart of Jesus, king and center of all hearts, **R.**
Heart of Jesus, in whom are all the treasures of wisdom and knowledge, **R.**
Heart of Jesus, in whom dwells the fullness of divinity, **R.**
Heart of Jesus, in whom the Father was well pleased, **R.**
Heart of Jesus, of whose fullness we have all received, **R.**
Heart of Jesus, desire of everlasting life, **R.**
Heart of Jesus, patient and most merciful, **R.**
Heart of Jesus, enriching all who invoke Thee, **R.**
Heart of Jesus, fountain of life and holiness, **R.**
Heart of Jesus, propitiation for our sins, **R.**
Heart of Jesus, loaded down with reproaches, **R.**
Heart of Jesus, bruised for our offenses, **R.**
Heart of Jesus, obedient unto death, **R.**
Heart of Jesus, pierced with a lance, **R.**
Heart of Jesus, source of consolation, **R.**
Heart of Jesus, our life and resurrection, **R.**
Heart of Jesus, our peace and reconciliation, **R.**
Heart of Jesus, victim for our sins, **R.**
Heart of Jesus, salvation of those who trust in Thee, **R.**
Heart of Jesus, hope of those who die in Thee, **R.**
Heart of Jesus, delight of all saints, **R.**

V. Lamb of God, who takes away the sins of the world
R. Spare us, o Lord.

V. Lamb of God, who takes away the sins of the world
R. Graciously hear us, O Lord.

V. Lamb of God who takes away the sins of the world,
R. Have mercy on us.

V. Jesus, meek and humble of heart
R. Make our hearts like to Thine.

Let us pray: Almighty and eternal God, look upon the Heart of Your most beloved Son and upon the praises and satisfaction which He offers You in the name of sinners; and to those who implore Thy mercy, in Your great goodness, grant forgiveness in the name of the same Jesus Christ, Your Son, who lives and reigns with You forever and ever. **Amen.**

TANTUM ERGO

*Tantum ergo Sacramentum, veneremur cernui:
Et antiquum documentum, novo cedat ritui:
Praestet fides supplementum, sensuum defectui.
Genitori, Genitoque, laus et iubilatio,
Salus, honor, virtus quoque, sit et benedictio:
Procedenti ab utroque, compar sit laudatio.
Amen.*

V. Panem de caelo praestitisti eis.
R. Omne delectamentum in se habentem.

Oremus: Deus, qui nobis sub sacramento mirabili, passionis tuae memoriam reliquisti: tribue, quaesumus, ita nos corporis et sanguinis tui sacra mysteria venerari, ut redemptionis tuae fructum in nobis iugiter sentiamus. Qui vivis et regnas in saecula saeculorum. **Amen.**

THE DIVINE PRAISES

Blessed be God.
Blessed be His Holy Name.
Blessed be Jesus Christ, true God and true Man.
Blessed be the Name of Jesus.
Blessed be His Most Sacred Heart.
Blessed be His Most Precious Blood.
Blessed be Jesus in the Most Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most Holy.
Blessed be her Holy and Immaculate Conception.
Blessed be her Glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be St. Joseph, her most chaste spouse.
Blessed be God in His Angels and in His Saints.

May the heart of Jesus, in the Most Blessed Sacrament, be praised, adored, and loved with grateful affection, at every moment, in all the tabernacles of the world, even to the end of time. **Amen.**

O SACRAMENT MOST HOLY

*O Sacrament most holy! O Sacrament divine!
All praise and all thanksgiving be every moment Thine.*