

HOLY HOUR IN HONOUR THE MOST HOLY BODY & BLOOD OF CHRIST (CORPUS CRISTI)

This Sunday is the Solemnity of the Most Holy Body & Blood of Christ. To honour our Saviour, in His Eucharistic Presence to us, we will have Exposition of the Blessed Sacrament for an hour and conclude with Benediction at the end of the hour.

Come on out and spend 10 mins, 20 mins or the whole hour with the Lord.

Come with your family and let His Peace sink into your hearts.

Speak to Him in the silence and let Him speak to you in the silence.

Or, as one holy individual responded when asked what he does in a holy hour:

“I look at the Lord, and he looks at me”.

Date: Today: Sunday, June 11

Time: 4PM—5PM

Doors Open: 3:45PM

