

St. Theresa's Parish

Shrine of the Little Flower

2559 Kingston Road, Scarborough
Ontario M1M 1M1

Phone: 416-261-7498

Email: sttheresassc@archtoronto.org

Website: sttheresassc.archtoronto.org

Pastor: Rev. Fr. Simon de Gale

Secretary: Maria Ciela Sarmiento



SUNDAY MASSES

Saturday (Vigil) - 5:00 PM
Sunday - 10:00 AM & 12:00 noon

WEEKDAY MASSES

Tuesday – 7 PM (*St. Theresa Devotion & Benediction*)
Wednesday, Thursday, Friday – 7:00 PM

EUCCHARISTIC ADORATION

Every Friday 12:00 PM to 6:00 PM

CARE OF THE SICK

Please contact the parish office for Visitation
and/or Communion for the sick.

OFFICE HOURS

Monday to Friday
9:00 AM – 12 noon & 1:00 – 4:30 PM
Office is closed on Saturday, Sunday & Holidays
(Above Schedules are Subject to Change)

WEEKEND PARKING AVAILABILITY

1. Church parking is limited. Please park within the lines;
2. Scarborough Cres. (dead end street in front of the church) - east side only;
3. Kingston Rd. - north and south sides on weekends;
4. Midland Ave. - east and west sides near John Leslie School;
5. Kelsonia Ave. - north side (east of Scarborough Cres. only);
6. Certain parts of the residential area south of the church;
7. No Frills Plaza. (If shopping after mass).

**PLEASE ENSURE THAT YOU ALWAYS
OBSERVE THE PARKING SIGNS**

SIGN UP! We encourage parishioners to sign up on our parish website to receive an electronic copy of the parish bulletin or be notified of important parish announcements

CONFESSIONS

Friday: 6:30 - 6:50 PM; Saturday: 4:30 - 4:50 PM
Sunday: 9-9:50 AM & 11:20 - 11:50 AM

BAPTISMS

By Appointment. Preparation Class Required

WEDDINGS

Couples planning to be married should contact
the priest one year in advance.
A marriage preparation course is mandatory.

RCIA

If you know anyone interested in becoming Catholic,
please contact the office.

PARISH SCHOOLS

St. Theresa's Shrine School - 416-393-5248
St. John Henry Newman Catholic School - 416-393-5519
TCDSB - 416-222-8282 ext. 5314

ARCHDIOCESE OF TORONTO

416-934-0606 • www.archtoronto.org

PARISH OUTREACH

Society of Saint Vincent de Paul - 416-261-7498 ext. 4

Welcome to St. Theresa Church, Shrine of the Little Flower, whether you are a long-time parishioner or newly arrived in the parish. We thank God that you are with us. If you have not registered or would like to update your registration information, please fill out this form, cut and drop in the Offertory basket or send to the Parish Office.

Name: _____

Address: _____

Phone: _____ Postal: _____

Email: _____

- New Parishioner New Address New Phone #
 Request Offertory Envelope Pls Unregister
 Interested in volunteering? Please call the office.

PLEASE REMEMBER YOUR PARISH IN YOUR WILL
Catholic Cemeteries & Funeral Services offers compassionate,
faith-filled care. For details, call 416-733-8544.



**Mass Intentions
for the Week**

Tuesday, February 17

7:00 pm Thanksgiving for Lourdes Bambao (*Teresa Kath*)
 Healing for Anthony Burford (*Daphne King*)
 † Blessa Hindley (*Judy Romero*)
 † Pilar Rebuyas Orlain (*Lourdes Bambao*)

Wednesday, February 18

Ash Wednesday

7:00 pm † All Souls in Purgatory
 † Daniel & Daisy Daniel (*Roseline Sagayaraj*)
 † Fr Terry Gallagher (*Giovanna Paulo*)

Thursday, February 19

7:00 pm † Julian Juchniewicz (*Juckniewicz Family*)
 † All Souls in Purgatory
 Thanksgiving for Plaridel Albano (*Teresa Kath*)

Friday, February 20

7:00 pm Thanksgiving for Gia Jamisola (*Judy Romero*)
 † Annaliese Foth (*Mary Tisseverasinghe*)
 † Jim Smith (*Mary Anne Hoyle*)

Saturday, February 21 (Vigil Mass)

First Sunday of Lent

5:00 pm † Manuel Romero (*Rene & Judy Romero*)

Sunday, February 22

First Sunday of Lent

10:00 am Parishioners of St Theresa's Church
 12:00 noon Special Intention for Alana Maurica Nedd



COUNTDOWN FOR LENT BEGINS

Ash Wednesday – February 18

Distribution of Ashes at 7 PM Mass

What is Ash Wednesday?

This day marks the beginning of Lent. We attend Mass on this day and receive the Ashes on the forehead as a sign of sorrow for sin and as a sign of our intention to become more faithful.

What is Lent?

Lent is the penitential season of the Church's year. It is 40 days of preparation to renew our Baptismal vows on Easter Sunday. During this time, we seek closer union with the Lord through increasing the disciplines of *fasting, prayer, and giving of alms* (charitable giving).

Lenten Fast & Abstinence

Catholics are obligated to Fast & Abstain from meat on Ash Wednesday & Good Friday.

The Fast on Ash Wednesday and Good Friday.

The required fast on Ash Wed and Good Friday involves eating only one full meal on those days. One or two smaller meals may be taken on those days, but may not total one full meal. The required fast does not allow eating anything between meals.

Abstinence on Ash Wednesday and Good Friday

Abstinence on these days from meat does not intend the omission of eggs or dairy products.

Age Requirements

All Catholics who have completed their 14th year are bound by the law of abstinence; all adults are bound by the law of fast up to the beginning of their 60th year.

Fridays of the Year

It is a requirement of our Faith that we abstain from meat on all the Fridays of the year (except on Solemnities) in commemoration of our Saviour's death.



Let Us Pray

FOR THE SICK

Marcy Salmingo, Kathleen McKechnie, Maria Alvarado, Emily Cooper, Sophy McDonald, Jim King, Carmelina Aquino, Anthony Burford, Trina Ryan, Baby Corazon de Villa, Margaret Swain, Minda Elehino, Jan Melchers, Adrian & Marcelle Britto, Gordon Giblin, Paul Potter, Norma Salmingo

FOR THE DECEASED

Fr. Terence "Terry" Edmund Gallagher, S.F.M.



Light A Sanctuary Candle

Offering: \$20.00

WEEK OF FEBRUARY 15-20, 2026

Blessed Sacrament: † Fr. Terry Gallagher

Blessed Virgin Mary: _____

Join us This Lent

Prepare your heart this season through prayer and community. All are welcome to join us for:

- ❖ **Stations of the Cross:** Every Friday of Lent (Feb 20 – April 3).
- ❖ **Lenten Rosary:** Sundays (Feb 22 – March 22) before all Masses.
- ❖ **Lenten Movie Night:** Join us for a special screening of *The Passion of Christ* on Thursday, March 14.

**“Draw near to God,
and He will draw near to you.”**

SUPPORT THE BOOK & MEDIA FAIR
With Meal After All Weekend Masses
February 28 & March 1

Pauline Books & Media is bringing a mini-Book center to St. Theresa's Church! Join the Daughters of St. Paul after the Saturday Vigil & Sunday Masses on February 28 & March 1 to choose from an excellent selection of Catholic books for children, youth & adults, including for Lent, Easter, Communion & Confirmation!

Visit our webstore at www.paulinestore.ca or call us at 416-781-9131 for special requests. Cash, Interac, Visa, and Mastercard will be accepted. We look forward to seeing you there!

Come and See - Day Retreat
Saturday, March 19 (9:00am – 3:30pm) at St. Augustine's Seminary



Inviting single Catholic men 18 years and older, to cultivate a deeper prayer life and relationship with Jesus Christ; leading to a better discernment of God's call for their lives. Time for prayer, reflection and information on the process of becoming one of Christ's disciples as a Catholic priest. Register online at www.vocationstoronto.ca/comesee

For more information, contact Fr Simon or email vocations@archtoronto.org

2025 Charitable Tax Receipts

The charitable tax receipts for donations made to St Theresa's Church in 2025 are now ready for pick-up at the back of the church. Receipts from the Society of St. Vincent de Paul is available at the back. St. Theresa's Parish and the SSVP are deeply grateful for your generosity and continued support. ♥

COLLECTION REPORT	Feb 7 & 8
Offertory + Tiptap \$160	2,564.95
Pre-Authorized (Offertory & Renovation)	669.00
Renovation Fund	65.00
Mass Stipends	130.00
Candles + Tiptap \$100	283.30
Flowers for St Therese	300.00
Total Weekly income \$	4,012.25
Estimated Weekly Expenses	4,500.00
Deficit/Surplus \$	- 487.75
Shrine Wall Project	
Week's Collection + Tiptap \$30	5,245.00
Total Collection to date \$	188,528.49

Pancake Breakfast

Sunday, Feb.15 | Parish Hall
After the 10:00 AM and 12:00 Noon Masses



Adults - \$8.00
 Children - \$5.00
 Family - \$25.00
 (2 Adults & Children)

Join us for a Pancake Breakfast organized by the **Knights of Columbus!** Bring your family and enjoy good food, warm fellowship, and a great community atmosphere.

Bring a Friend!!

Theology of the Body for Teens
7:30pm | Ave Maria Room

We have an incredible lineup of topics over the next few weeks as we dive into what it means to live out our faith today. Here is what's coming up:

February 2026

- **Feb. 18** – The Sacrament of Marriage
- **Feb. 25** – Marriage as a Sacrament in Redemption

March 2026

- **Mar. 11** – Love and Fertility
- **Mar. 18** – The Moral Vision of the Body
- **Mar. 25** – Reflections and Summary: Man and Woman He Created Them

Pasta Dinner Success!

Thank you to everyone who supported our Pasta Dinner on Jan 31! With 97 adult and 15 kids' tickets sold, we raised **\$2,188 for the Shrine Wall Project.** A huge thank you to our amazing volunteers and everyone who provided financial support. See you at the next event! ♥



Spend an hour with Jesus in the Blessed Sacrament. Your willingness to choose an assigned hour is a precious expression of your faith that Jesus in the Blessed Sacrament is welcomed, loved, and adored by you. ♥

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