

St. Theresa's Parish

Shrine of the Little Flower

2559 Kingston Road, Scarborough
Ontario M1M 1M1

Phone: 416-261-7498

Email: sttheresassc@archtoronto.org

Website: sttheresassc.archtoronto.org

Pastor: Rev. Fr. Simon de Gale

Secretary: Maria Ciela Sarmiento



SUNDAY MASSES

Saturday (Vigil) - 5:00 PM
Sunday - 10:00 AM & 12:00 noon

WEEKDAY MASSES

Tuesday – 7 PM (*St. Theresa Devotion & Benediction*)
Wednesday, Thursday, Friday – 7:00 PM

EUCCHARISTIC ADORATION

Every Friday 12:00 PM to 6:00 PM

CARE OF THE SICK

Please contact the parish office for Visitation
and/or Communion for the sick.

OFFICE HOURS

Monday to Friday
9:00 AM – 12 noon & 1:00 – 4:30 PM
Office is closed on Saturday, Sunday & Holidays
(Above Schedules are Subject to Change)

WEEKEND PARKING AVAILABILITY

1. Church parking is limited. Please park within the lines;
2. Scarborough Cres. (dead end street in front of the church) - east side only;
3. Kingston Rd. - north and south sides on weekends;
4. Midland Ave. - east and west sides near John Leslie School;
5. Kelsonia Ave. - north side (east of Scarborough Cres. only);
6. Certain parts of the residential area south of the church;
7. No Frills Plaza. (If shopping after mass).

**PLEASE ENSURE THAT YOU ALWAYS
OBSERVE THE PARKING SIGNS**

SIGN UP! We encourage parishioners to sign up on our parish website to receive an electronic copy of the parish bulletin or be notified of important parish announcements

CONFESSIONS

Friday: 6:30 - 6:50 PM; Saturday: 4:30 - 4:50 PM
Sunday: 9-9:50 AM & 11:20 - 11:50 AM

BAPTISMS

By Appointment. Preparation Class Required

WEDDINGS

Couples planning to be married should contact
the priest one year in advance.
A marriage preparation course is mandatory.

RCIA

If you know anyone interested in becoming Catholic,
please contact the office.

PARISH SCHOOLS

St. Theresa's Shrine School - 416-393-5248
St. John Henry Newman Catholic School - 416-393-5519
TCDSB - 416-222-8282 ext. 5314

ARCHDIOCESE OF TORONTO

416-934-0606 • www.archtoronto.org

PARISH OUTREACH

Society of Saint Vincent de Paul - 416-261-7498 ext. 4

Welcome to St. Theresa Church, Shrine of the Little Flower, whether you are a long-time parishioner or newly arrived in the parish. We thank God that you are with us. If you have not registered or would like to update your registration information, please fill out this form, cut and drop in the Offertory basket or send to the Parish Office.

Name: _____

Address: _____

Phone: _____ Postal: _____

Email: _____

New Parishioner New Address New Phone #

Request Offertory Envelope Pls Unregister

Interested in volunteering? Please call the office.

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Catholic Cemeteries & Funeral Services offers compassionate,
faith-filled care. For details, call 416-733-8544.



**Mass Intentions
for the Week**

Tuesday, February 10

Saint Scholastica

- 7:00 pm † Carmen Donaldson (*Judy Romero*)
- † Roy Tracey (*Bernadette Tracey*)
- † Annaliese Foth (*Mary Tisseverasinghe*)
- Good Health for Monica James

Wednesday, February 11

- 7:00 pm † All Souls in Purgatory
- † Mariano Laranang (*Laranang Family*)

Thursday, February 12

- 7:00 pm † Blessa Hindley (*Judy Romero*)
- † Alberto Uy (*Ruperto and Rosita Manosca*)

Friday, February 13

- 7:00 pm † Glynnis Aseoche (*Orquiola Family*)
- † Louise & Bridget (*Mary Tisseverasinghe*)

Saturday, February 14 (Vigil Mass)

Sixth Sunday in Ordinary Time

5:00 pm Parishioners of St Theresa's Church

Sunday, February 15

Sixth Sunday in Ordinary Time

- 10:00 am Special Intention for Andy Diaz (*Casildus*)
- 12:00 noon Thanksgiving for 50th Wedding Anniversary of Chris & Olga Juchniewicz



Let Us Pray

FOR THE SICK

Marcy Salmingo, Kathleen McKechnie, Maria Alvarado, Emily Cooper, Sophy McDonald, Jim King, Carmelina Aquino, Ashley Brewster, Trina Ryan, Baby Corazon de Villa, Margaret Swain, Minda Elehino, Jan Melchers, Adrian & Marcelle Britto, Gordon Giblin, Paul Potter, Norma Salmingo



Light A Sanctuary Candle

Offering: \$20.00

WEEK OF FEBRUARY 8 - 14

Blessed Sacrament: Mary Tisseverasinghe

Blessed Virgin Mary: Thanksgiving of Andrew Palma and Bilma Quiah

EUCHARISTIC ADORATION

Every Friday from 12 NOON to 6 PM

Marriage Sunday

Marriage is a precious sign, for when a man and a woman celebrate the sacrament of matrimony, God is, as it were, 'mirrored' in them; he impresses in them his own features and the indelible character of his love. Marriage is the icon of God's love for us.

- Pope Francis' *Amoris Laetitia*

SUNDAY CONNECTION

First Reading

Isaiah 58:7-10

In the work of justice, light shall break through darkness.

Responsorial Psalm

Psalm 112:4-9

The just person will be a light in the darkness.

Second Reading

1 Corinthians 2:1-5

Paul shows that he came to Corinth preaching Christ crucified.

Gospel Reading

Matthew 5:13-16

Jesus teaches that his disciples are to be the salt of the earth and the light of the world.

Background on the Gospel Reading

Following upon the teachings on Beatitudes, Jesus uses the metaphors of salt and light to define the mission of a disciple. While we often take these for granted today, they were precious, life-sustaining commodities in ancient times.

The Core Mission

Salt: Just as salt flavors, heals, and preserves food from decay, disciples are called to "season" the world and protect it from moral corruption.

Light: In a world without electricity, light was a vital guide. Christians act as light by making God's presence visible through their actions.

Faith in Action

This passage serves as the foundation for social justice. Our role as "salt and light" is made concrete through the Works of Mercy—such as feeding the hungry and comforting the sorrowful. When the Church acts together in this way, it becomes a "city set on a mountain" that cannot be hidden, pointing the world toward God.

COUNTDOWN FOR LENT BEGINS
When Is Ash Wednesday? —February 18

What is Ash Wednesday?

This day marks the beginning of Lent. We attend Mass on this day and receive the Ashes on the forehead as a sign of sorrow for sin and as a sign of our intention to become more faithful.

What is Lent?

Lent is the penitential season of the Church’s year. It is 40 days of preparation to renew our Baptismal vows on Easter Sunday. During this time, we seek closer union with the Lord through increasing the disciplines of *fasting, prayer, and giving of alms* (charitable giving).

Lenten Fast & Abstinence

Catholics are obligated to Fast & Abstain from meat on Ash Wednesday & Good Friday.

The Fast on Ash Wednesday and Good Friday.

The required fast on Ash Wed and Good Friday involves eating only one full meal on those days. One or two smaller meals may be taken on those days, but may not total one full meal. The required fast does not allow eating anything between meals.

Abstinence on Ash Wednesday and Good Friday

Abstinence on these days from meat does not intend the omission of eggs or dairy products.

Age Requirements

All Catholics who have completed their 14th year are bound by the law of abstinence; all adults are bound by the law of fast up to the beginning of their 60th year.

Fridays of the Year

It is a requirement of our Faith that we abstain from meat on all the Fridays of the year (except on Solemnities) in commemoration of our Saviour’s death.

PAULINE BOOKS & MEDIA FARE

With Meal After All Weekend Masses
February 28 & March 1
Parish Hall

You are once again invited by The Daughters of St. Paul’s Book and Media Event. They have excellent selection of Catholic books for children, youth & adults, including for Lent, Easter, Communion & Confirmation! Select gift items. Cash, Interac/Debit, Visa, and Mastercard will be accepted.

For special request, visit Pauline’s webstore at www.paulinestore.ca or call 416-781-9131.



Theology of the Body for Teens

February 2026

- **Feb. 11** – Virginity & Celibacy for the Kingdom
- **Feb. 18** – The Sacrament of Marriage
- **Feb. 25** – Marriage as a Sacrament in Redemption

March 2026

- **Mar. 11** – Love and Fertility
- **Mar. 18** – The Moral Vision of the Body
- **Mar. 25** – Reflections and Summary: Man and Woman He Created Them

Pancake Breakfast

Sunday, Feb.15 | Parish Hall



After the 10:00 AM and 12:00 Noon Masses

Join us for a delicious Pancake Breakfast organized by the **Knights of Columbus!** Bring your family and enjoy good food, warm fellowship, and a great community atmosphere. More details to follow.

COLLECTION REPORT	Jan 31 & Feb 1
Offertory + Tiptap \$110	2,873.10
Pre-Authorized (Offertory & Renovation)	669.00
Renovation Fund	835.00
Mass Stipends	380.00
Candles + Tiptap \$90	236.90
Total Weekly income \$	4,994.00
Estimated Weekly Expenses	4,500.00
Deficit/Surplus \$	494.00
Shrine Wall Project	
Week's Collection + Tiptap \$30	640.00
Total Collection to date \$	183,283.49
Archdiocesan Collection	
Sharelife	250.00
Mary Grove	5.00

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