

St. Theresa's Parish

Shrine of the Little Flower

2559 Kingston Road, Scarborough
Ontario M1M 1M1

Phone: 416-261-7498

Email: sttheresassc@archtoronto.org

Website: sttheresassc.archtoronto.org

Pastor: Rev. Fr. Simon de Gale

Secretary: Maria Ciela Sarmiento



SUNDAY MASSES

Saturday (Vigil) - 5:00 PM
Sunday - 10:00 AM & 12:00 noon

WEEKDAY MASSES

Tuesday – 7 PM (*St. Theresa Devotion & Benediction*)
Wednesday, Thursday, Friday – 7:00 PM

EUCCHARISTIC ADORATION

Every Friday 12:00 PM to 6:00 PM

CARE OF THE SICK

Please contact the parish office for Visitation
and/or Communion for the sick.

OFFICE HOURS

Monday to Friday
9:00 AM – 12 noon & 1:00 – 4:30 PM
Office is closed on Saturday, Sunday & Holidays
(Above Schedules are Subject to Change)

WEEKEND PARKING AVAILABILITY

1. Church parking is limited. Please park within the lines;
2. Scarborough Cres. (dead end street in front of the church) - east side only;
3. Kingston Rd. - north and south sides on weekends;
4. Midland Ave. - east and west sides near John Leslie School;
5. Kelsonia Ave. - north side (east of Scarborough Cres. only);
6. Certain parts of the residential area south of the church;
7. No Frills Plaza. (If shopping after mass).

Please ensure that you always observe the parking signs.

SIGN UP! We encourage parishioners to sign up on our parish website to receive an electronic copy of the parish bulletin or be notified of important parish announcements

CONFESSIONS

Friday: 6:30 - 6:50 PM; Saturday: 4:30 - 4:50 PM
Sunday: 9-9:50 AM & 11:20 - 11:50 AM

BAPTISMS

By Appointment. Preparation Class Required

WEDDINGS

Couples planning to be married should contact
the priest one year in advance.
A marriage preparation course is mandatory.

RCIA

If you know anyone interested in becoming Catholic,
please contact the office.

PARISH SCHOOLS

St. Theresa's Shrine School - 416-393-5248
St. John Henry Newman Catholic School - 416-393-5519
TCDSB - 416-222-8282 ext. 5314

ARCHDIOCESE OF TORONTO

416-934-0606 • www.archtoronto.org

PARISH OUTREACH

Society of Saint Vincent de Paul - 416-261-7498 ext. 4

Welcome to St. Theresa Church, Shrine of the Little Flower, whether you are a long-time parishioner or newly arrived in the parish. We thank God that you are with us. If you have not registered or would like to update your registration information, please fill out this form, cut and drop in the Offertory basket or send to the Parish Office.

Name: _____
Address: _____
Phone: _____ Postal: _____
Email: _____

- New Parishioner New Address New Phone #
 Request Offertory Envelope Pls Unregister
 Interested in volunteering? Please call the office.

PLEASE REMEMBER YOUR PARISH IN YOUR WILL

THE PRESENTATION OF THE LORD



Mass Intentions for the Week

Tuesday, February 4

7:00 pm † The Unborn (*Sanctity of Life*)
Thanksgiving for Erin & Costa Fanaras (*Betty Chan*)
Thanksgiving for Aida Go & Family
Thanksgiving of Angel Joy Valdez

Wednesday, February 5

Saint Agatha

7:00 pm † All Souls in Purgatory
† Jerome Rocha all Deceased Members of the
Rocha Family
† Claude King (*Daphne King*)

Thursday, February 6

Saint Paul Miki

7:00 pm Thanksgiving for Bobby's 60th Birthday
(*San Juan Family*)

Friday, February 7

7:00 pm For all People Displaced by the New American
Immigration Policy (*Fernandes Family*)

Saturday, February 8 (Vigil Mass)

Fifth Sunday in Ordinary Time

5:00 pm Parishioners of St Theresa's Church

Sunday, February 9

Fifth Sunday in Ordinary Time

10:00 am † Anthony Dele Olomolehin (*Enitan, Antonia
Olomolehin*)
12:00 noon † Joe De Luca (*De Luca & Pizzimenti Family*)



FEAST OF THE PRESENTATION OF THE LORD
- FEBRUARY 2 -

Simeon recognizes the infant Jesus as the promised Messiah. Christ our light has come to us.

February 2nd is the Feast of the Presentation of the Lord. Unlike previous years where the Feast falls on a weekday, this year's Feast occurs on a Sunday which replaces the liturgy of Ordinary Time for that very weekend.

The Presentation of the Lord commemorates the Infant Jesus' consecration at the temple. It marks 40 days since the Solemnity of His Birth, and His role as "light" to the nations and the "glory" of the people of Israel (Luke 2:29-32).

On this day, the Church blesses all the candles that will be used in the Church or in-home altars for the entire year - hence the name "Candlemas" which is another name for the Feast of the Presentation of the Lord.

EUCCHARISTIC ADORATION

**Every Friday
12 NOON to 6 PM**



Spend an hour with Jesus in the Blessed Sacrament. Your willingness to choose an assigned hour is a precious expression of your faith that Jesus in the Blessed Sacrament is welcomed, loved, and adored by you. ♥



Let Us Pray

FOR THE SICK

Carmelina Aquino, Jan Melchers, Paul Pinnington, Jim King, Adrian & Marcelle Britto, Derek Dalton, Gordon Giblin, Paul & Vivian Potter, Sheila & Cedric Wilson, Sally Baker, Margaret Wilson, Norma Salmingo, Paul & Monica Brewster



Light A Sanctuary Candle

Offering: \$20.00

WEEK OF FEBRUARY 2, 2025

Blessed Sacrament: Special Intention for Jennifer Kath
Blessed Virgin Mary: Special Intention of Daphne King

VOCATION SEEDS

No prophet is accepted in the prophet's hometown. Do not be discouraged by jeers when considering priesthood, diaconate, or religious life. If God is calling you contact:

Fr. Matt McCarthy,
Director of Vocations
Archdiocese of Toronto

Phone: 416-968-0997, Email: vocations@archtoronto.org

**Celebrate the Year of Jubilee
and Elevation of Cardinal Leo – Regional
Eucharistic Celebrations with Cardinal Leo
& Auxiliary Bishops**

All are welcome to attend the Eastern Region celebration that will take place on **Wednesday, February 19, 2025 at St. Barnabas Parish, Scarborough. Cardinal Leo will preside the Mass at 7:00 pm.**

For those interested in obtaining a Jubilee indulgence, requirements include receiving the Sacrament of Reconciliation, attending Mass and offering prayers for the intention of the Holy Father. Confessions will be offered at least one hour prior to Mass.

See bulletin insert about Frequently Asked Questions on Plenary Indulgences during the Jubilee Year.

COMING SOON!

The Archdiocese of Toronto has partnered with Tip Tap Pay so that you can help support your parish with a simple tap. Simply tap the 'tiptap' device to give to your parish. That's it!

You can also **receive a tax receipt** for your 'tiptap' gift as well. After your first tap, **scan the parish QR Code right away** with your smart phone and register your payment card. After your card has been registered, you will receive an end-of-year tax receipt for all of your 'tiptap' gifts. All 'tiptap' gifts prior to registering are not eligible for a tax receipt.



More information will be posted next week.

**POPE'S PRAYER INTENTIONS
FEBRUARY**

For vocations to the priesthood and religious life

Let us pray that the ecclesial community might welcome the desires and doubts of those young people who feel a call to serve Christ's mission in the priesthood and religious life.

**BOOK & MEDIA FAIR
Parish Hall on February 22 & 23**

Pauline Books & Media is bringing a mini-Bookcentre to St. Theresa's Church! Join the Daughters of St. Paul after the Saturday Vigil & Sunday Masses on February 22-23 to choose from an excellent selection of Catholic books for children, youth & adults, including for Lent, Easter, Communion & Confirmation! The Knights of Columbus will also provide a delicious free meal! Visit our webstore at www.paulinestore.ca or call us at 416-781-9131 for special requests. Cash, Interac, Visa, and Mastercard will be accepted. We look forward to seeing you there!

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PHONE: 289-541-8188 • EMAIL: cirstroch@gmail.com
WEBSITE: <https://www.catholicinrecovery.com>

COLLECTION REPORT JANUARY 25 & 26, 2025	
Parish Income	
Offertory	2,425.35
Pre-Authorized (Offertory & Renovation)	600.00
Online Donations (Jan. 1-15)	299.00
Renovation	105.00
Mass Stipends	70.00
Candles	292.90
Total Weekly income	\$ 3,792.25
Estimated Weekly Expenses	4,500.00
Deficit/Surplus	-\$ 707.75
Shrine Wall Project	
Week's Collection	10.00
Total Collection to date	\$ 35,364.05

1. Starting February 1, you can pick the Offertory Envelopes from the parish office during office hours.
2. Your charitable Tax Receipt for 2024 will be available for pick up from the vestibule on February 15, 2025.

PLEASE REMEMBER YOUR PARISH IN YOUR WILL



Frequently Asked Questions on Plenary Indulgences during the Jubilee Year

1. What is an indulgence?

An indulgence is the remission of temporal punishment due to sins already forgiven. Sin is both personal and social; it leaves a mark on the individual soul and has an effect on the lives of others. In the Sacrament of Reconciliation our sins are forgiven, and we are restored to a state of grace, but the aftermath of our sin remains. Indulgences work to remedy this both in this world and the next, for ourselves or those who have gone before us into eternal life. As a remission of temporal punishment, indulgences can be partial or plenary depending on whether part or all of the temporal punishment due to sin has been remitted. Indulgences truly are an outpouring of God's abundant grace and mercy. (for more information, see [Catechism of the Catholic Church](#), paragraphs 1471 – 1479)

2. What is the Jubilee Indulgence?

The Jubilee Indulgence is a plenary indulgence which thanks to the power of prayer, is intended in a particular way for those who have gone before us, so that they may obtain full mercy. It may also be sought for oneself. It is a way of discovering the unlimited nature of God's mercy. During a Jubilee Year, which normally happens every 25 years, all other indulgences previously granted remain in force and may be obtained by the faithful.

3. How is the Jubilee Indulgence obtained?

It is obtained in the same manner as any plenary indulgence. One who is truly repentant and free from any attachment to or desire for sin, moved by a spirit of charity, must perform a prescribed act to be able to obtain the Jubilee Indulgence. The person must also go to Confession (within several days before or after the prescribed act), receive Holy Communion and pray for the intentions of the Pope (specifically praying 1 Our Father and 1 Hail Mary). The Jubilee Indulgence may be applied in suffrage to the souls in Purgatory, which is a most commendable act of mercy itself. (for more information, see The Gift of the Indulgence at

https://www.vatican.va/roman_curia/tribunals/apost_penit/documents/rc_trib_appen_pro_20000129_in_dulgence_en.html)

4. What are the ways in which a plenary indulgence can be obtained?

A plenary indulgence can be obtained through the following ways:

- pilgrimages;
- pious visits to sacred places;
- works of mercy and penance.

5. What do you do when you make a pilgrimage?

At any Designated Jubilee Pilgrimage Site, devoutly participate in:

- Holy Mass (including the Profession of Faith if not already included in the Mass);
- A ritual Mass for the conferral of the sacraments of Christian initiation or the Anointing of the Sick;
- a Celebration of the Word of God (including the Lord's Prayer and Profession of Faith);
- the Liturgy of the Hours;
- the Way of the Cross;
- the Marian Rosary;
- a penitential celebration with individual Confession;
- the recitation of the Akathist hymn.

6. What do you do when you visit a Designated Jubilee Pilgrimage Site?

When you arrive at a Designated Jubilee Pilgrimage Site, whether in a group or as an individual, spend a suitable length of time in Eucharistic Adoration concluding with the Lord's Prayer, Profession of Faith

and invocations to Mary. The Lord's Prayer and the Profession of Faith are necessary to obtain the indulgence.

7. What are the Designated Jubilee Pilgrimage Sites in the Archdiocese of Toronto?

The following churches have been chosen as Designated Jubilee Pilgrimage Sites of the Archdiocese of Toronto for the Ordinary Jubilee Year 2025:

- Archdiocesan: St. Michael's Cathedral Basilica, Toronto
- Central Region: St. Paul's Basilica, Toronto
St. Mary's Parish, Toronto (Bathurst Street)
St. Edward the Confessor Parish, North York
- Western Region Our Lady of Sorrows Parish, Etobicoke
St. Mary's Parish, Brampton
- Eastern Region St. Barnabas Parish, Scarborough
St. Gregory the Great Parish, Oshawa
- Northern Region St. Padre Pio Parish, Kleinburg
St. Mary's Parish, Barrie
- Shrine: Martyrs' Shrine, Midland

8. What about people who cannot make a pilgrimage or visit a Designated Jubilee Pilgrimage Site? How can they receive the Jubilee Indulgence?

Many people, including the elderly, the sick, prisoners, and others are not capable of making a pilgrimage or visiting a Designated Jubilee Pilgrimage Site during the Jubilee Year. We are reminded in these circumstances that God's mercy extends to all people. Thus, the confined person is called to unite in spirit with the faithful taking part in person, especially when the words of the Pope or the Bishop are transmitted through means of communication. (for more information, see the Jubilee Indulgence Resource here <https://www.cccb.ca/wp-content/uploads/2024/12/Catechetical-Resource-on-Plenary-Indulgences-during-the-Jubilee-Year.pdf>)

9. What are the specifications to obtain the Jubilee Indulgence by practising works of mercy?

One may participate in either a popular mission, spiritual exercises, formation activities on the documents of Vatican II and the Catechism of the Catholic Church, or by following the usual spiritual, sacramental and prayer conditions, the Spiritual and Corporal Works of Mercy, which are: feed the hungry; give drink to the thirsty; clothe the naked; welcome the stranger; heal the sick; visit the imprisoned; bury the dead; counsel the doubtful; instruct the ignorant; admonish sinners; comfort the afflicted; forgive offenses; bear patiently those who do us ill; pray for the living and the dead.

10. What are the specifications for penance?

- rediscover the penitential nature of Friday; (see "Keeping Friday" at <https://www.cccb.ca/document/keeping-friday/>)
- abstain from futile distractions and superfluous consumption;
- donate a proportionate sum of money to the poor;
- support works of a religious or social nature (e.g. defense and protection of life);
- support efforts for quality of life of abandoned children, young people in difficulty, the lonely, elderly and migrants;
- dedicate free time to voluntary activities in the community.

Source: Catechetical Resource on Plenary Indulgences during the Jubilee Year (Canadian Conference of Catholic Bishops) found at [ccb.ca](https://www.cccb.ca).

Debbie Mitchell
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