

# St. Theresa's Parish

## Shrine of the Little Flower

2559 Kingston Road, Scarborough  
Ontario M1M 1M1

Phone: 416-261-7498

Email: sttheresassc@archtoronto.org

Website: sttheresassc.archtoronto.org

*Pastor: Rev. Fr. Simon de Gale*

*Deacon: Rev. Mr. Peter Lovrick*

*Secretary: Maria Ciela Sarmiento*



### Sunday Masses

Saturday (Vigil) - 5:00 PM  
Sunday - 10:00 AM & 12:00 noon

### Weekday Masses

Tuesday – 7 PM (*St. Theresa Devotion & Benediction*)  
Wednesday, Thursday, Friday – 7:00 PM

### Eucharistic Adoration

Every Friday 12:00 PM to 6:00 PM

### Care of the Sick

Please contact the parish office for Visitation  
and/or Communion for the sick.

### Office Hours

Monday to Friday  
9:00 AM – 12 noon & 1:00 – 4:30 PM  
Office is closed on Saturday, Sunday & Holidays  
**(Above Schedules are Subject to Change)**

### Weekend Parking Availability

1. Church parking is limited. Please park within the lines;
2. Scarborough Cres. (dead end street in front of the church) - east side only;
3. Kingston Rd. - north and south sides on weekends;
4. Midland Ave. - east and west sides near John Leslie School;
5. Kelsonia Ave. - north side (east of Scarborough Cres. only);
6. Certain parts of the residential area south of the church;
7. No Frills Plaza. (If shopping after mass).

**Please ensure that you always observe the parking signs.**

**SIGN UP!** We encourage parishioners to sign up on our parish website to receive an electronic copy of the parish bulletin or be notified of important parish announcements

### Confessions

Friday: 6:30 PM; Saturday: 4:30 PM;  
Sunday: 9:30 AM & 11:30 AM.  
(Begins 30 minutes before Mass and ends 10 minutes before the Mass)

### Baptisms

By Appointment  
Preparation Class Required

### Weddings

Couples planning to be married should contact  
the priest one year in advance.  
A marriage preparation course is mandatory.

### Parish Schools

St. Theresa's Shrine School - 416-393-5248  
St. John Henry Newman Catholic School - 416-393-5519  
TCDSB - 416-222-8282 ext. 5314

### Archdiocese of Toronto

416-934-0606 • [www.archtoronto.org](http://www.archtoronto.org)

### Parish Outreach

### Society of Saint Vincent de Paul

416-261-7498 ext. 4

*Welcome to St. Theresa Church, Shrine of the Little Flower, whether you are a long-time parishioner or newly arrived in the parish. We thank God that you are with us. If you have not registered or would like to update your registration information, please fill out this form, cut and drop in the Offertory basket or send to the Parish Office.*

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_ Postal: \_\_\_\_\_  
Email: \_\_\_\_\_

- New Parishioner    New Address    New Phone #  
 Request Offertory Envelope    Pls Unregister  
 Interested in volunteering? Please call the office.

**Please remember your Parish in your Will**



## Mass Intentions for the Week

### Tuesday, February 20

7:00 pm Thanksgiving of Judy Romero  
 Thanksgiving for Plaridel Albano (*Albano Family*)  
 Thanksgiving for Alyssa Kath (*Teresa Kath*)  
 Thanksgiving of Rosa Lusterio

### Wednesday, February 21

7:00 pm

### Thursday, February 22

7:00 pm † Peter Tiongson (*Maria Tiongson & Family*)  
 † Robert Robertson (*Robertson Family*)  
 Thanksgiving for Guia delos Reyes

### Friday, February 23

7:00 pm Thanksgiving for Bernadette Tracey (*Daphne*)  
 † Eulalia Albano (*Albano Family*)  
 † All Souls in Purgatory

### Saturday, February 24 (Vigil Mass)

#### Second Sunday of Lent

5:00 pm † Jolly Talisayon (*Judy Romero*)

### Sunday, February 25

#### Second Sunday of Lent

10:00 am For the Parishioners at St Theresa  
 12:00 noon † Nadia Gahagnon-Moalic (*Judy Romero*)



## Let Us Pray FOR THE SICK

Leopoldina Miranda, Derek Dalton, Elaine & Marcelle Britto, Gloria Sunico, David Deeson, Leonard Cianfrogna, Carmelina Aquino, Maureen Seguin, Colleen Mills, Ed Tan, Rene Sagolili, Earl Villareal, John Facchini, Sally Baker, Irene Barnes, Belinda Lobo, Margaret Wilson, Norma Salmingo, Judy Discutido, Susan Tighe, Vivian Potter, Paul & Monica Brewster

### HOPELINE

Greater Toronto Phone line for Palliative Care Support  
**416-619-5700**

**Are you a caregiver?**  
**Have you been diagnosed with a terminal illness?**  
**Is someone you love dying?**

For more information call the above number.  
 Archdiocese of Toronto/Catholic Charities/Saint Elizabeth Nurses/ShareLife



### **What is Lent?**

Lent is the penitential season of the Church's year. It is 40 days of preparation to renew our Baptismal vows on Easter Sunday. During this time, we seek closer union with the Lord through increasing the disciplines of fasting, prayer, and giving of alms (charitable giving).

### **Lenten Fast & Abstinence**

Catholics are obligated to Fast & Abstain from meat on Ash Wednesday & Good Friday.

### **The Fast on Ash Wednesday and Good Friday**

The required fast on Ash Wed and Good Friday involves eating only one full meal on those days. One or two smaller meals may be taken on those days, but may not total one full meal. The required fast does not allow eating anything between meals.

### **Abstinence on Ash Wednesday and Good Friday**

Abstinence on these days from meat does not intend the omission of eggs or dairy products.

### **Age Requirements**

All Catholics who have completed their 14th year are bound by the law of abstinence; all adults are bound by the law of fast up to the beginning of their 60th year.

### **Fridays of the Year**

It is a requirement of our Faith that we abstain from meat on all the Fridays of the year (except on Solemnities) in commemoration of our Saviour's death.

*(It is permitted to substitute an act of charity in place of abstinence from meat)*



## DEVOTIONS FOR LENT



### **Stations of the Cross**

Every Friday of Lent after the 7PM Mass  
 February 23 Stations of the Cross will be led by  
 the Women's Group  
 (Good Friday: Stations at 7PM)

### **Exposition of the Blessed Sacrament**

**With Silent Adoration**  
**Concluding with Benediction**  
 Sundays of Lent: 4PM-5PM  
 (Last Sunday is March 17)



**A Four-Week  
Lenten Series**

**ON PRACTICAL SPIRITUALITY &  
Questions You Have Always Wanted to Ask**

February 26 • March 4 • March 11 • March 18  
7PM - 8PM in Parish Hall

*THE FIRST HALF HOUR:* Deacon Peter Lovrick will discuss methods for a practical spirituality.

*SECOND HALF HOUR:* discussion about your questions you've always want to ask about the Faith or the Church.

Please add your name to the '**Sign-Up Sheet**' at the entrances of the Church so we will know how many to expect.

Kindly consider asking your questions in advance by writing them on the Question Sheet alongside the Sign-Up Sheet.

Alternatively, you can email your questions to the parish email: [sttheresassc@archtoronto.org](mailto:sttheresassc@archtoronto.org). In the email subject line please write "Lenten Series"

**CONFIRMATION CANDIDATES**

Test 2 this month of February.  
Parents make appointment with Fr Simon

**FIRST HOLY COMMUNION CANDIDATES**

Test 2 this month of February.  
Parents make appointment with Fr Simon

**THE WORLD DAY OF PRAYER**

Theme: "I Beg You... Bear With One Another in Love"  
Saturday, March 2 at 1PM – 2PM in church.  
Light Refreshments after the Service

Our parish is hosting The World Day of Prayer on March 2. This year's program calls us to **bear with each other in love, despite all difficulties and oppression**. The program was written by a group of ecumenical Christian Palestinian women in response to the passage from Ephesians 4:1-7.

The World Day of Prayer Committee reflected collectively on this theme from the context of the sufferings of Palestinian Christian women. We hope to inspire other women around the world to bear with one another in love during troubled times. For more details, contact Beatriz at 416-834-9624

<b>COLLECTION REPORT FEBRUARY 17 &amp; 18</b>	
Offertory	2,352.15
Renovation	85.00
Offertory Pre-Authorize Giving (PAG)	372.63
Renovation Pre-Authorize Giving (PAG)	122.88
Mass Stipends	65.00
Candles	277.65
<b>TOTAL COLLECTION: \$</b>	<b>3,275.30</b>
Estimated Weekly Expenses	4,500.00
<b>Deficit: \$</b>	<b>- 1,224.70</b>

**Support our vulnerable youth  
through ShareLife**



Your participation in the 2023 ShareLife Parish Campaign has been truly extraordinary, achieving a record-breaking \$14.2M raised. Your compassion is making a difference in the lives of the most vulnerable members of our community.

In this time of Lent, we ask you to think of our brothers and sisters in need – especially our vulnerable youth who call the streets their home.

"Your gift ensures youth experiencing or at risk of homelessness have access to individualized support and variety of programs and services to meet their complex and diverse needs," says Mark Aston of Covenant House Toronto. "With your caring support, youth have a safe space to turn to and a supportive team to help them plan their own path."

Sharelife Sunday will be on March 17. Please give at the parish using a ShareLife envelope, online through our parish website, or at [sharelife.org/donate](http://sharelife.org/donate).

**COME & SEE--DISCERNMENT  
WEEKEND RETREAT**

March 15–17, 2024 • St. Augustine's Seminary

The Office of Vocations will be hosting a Come & See Weekend Discernment Retreat for men 18 years and older, at St. Augustine's Seminary on Friday, March 15 at 6:30 PM until Sunday, March 17 at 2 PM.

This Retreat offers a way for men to discern a possible call to priesthood at our seminary.

Please note that registration must be done online at [www.vocationstoronto.ca/comesee](http://www.vocationstoronto.ca/comesee). For more information, please contact us at [vocations@archtoronto.org](mailto:vocations@archtoronto.org)

**CATHOLIC ESTATE PLANNING  
FREE WEBINAR**

Saturday, February 24, 2024, at 9AM

**LEARN:**

- How to avoid problems: in your Will, in the Powers of Attorney, and through proper Estate Trustee selection
- How to create your own legacy
- About our Catholic traditions around cremation, burials and funerals

**3 WAYS TO REGISTER:**

1. scan this QR code:
2. follow this QR link:  
<https://QRcode.de/WebFeb24>
3. send an email to:  
[Development@ArchToronto.org](mailto:Development@ArchToronto.org) and write "webinar February 24" in the title line + your name(s) in the body of the message.



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