

St. Theresa's Parish

Shrine of the Little Flower

2559 Kingston Road, Scarborough
Ontario M1M 1M1

Phone: 416-261-7498

Email: sttheresassc@archtoronto.org

Website: sttheresassc.archtoronto.org

Pastor: Rev. Fr. Simon de Gale

Deacon: Rev. Mr. Peter Lovrick

Secretary: Maria Cielo Sarmiento



Sunday Masses

Saturday (Vigil) - 5:00 PM
Sunday - 10:00 AM & 12:00 noon

Weekday Masses

Tuesday – 7 PM (*St. Theresa Devotion & Benediction*)
Wednesday, Thursday, Friday – 7:00 PM

Eucharistic Adoration

Every Friday 12:00 PM to 6:00 PM

Care of the Sick

Please contact the parish office for Visitation
and/or Communion for the sick.

Office Hours

Monday to Friday
9:00 AM – 12 noon & 1:00 – 4:30 PM
Office is closed on Saturday, Sunday & Holidays
(Above Schedules are Subject to Change)

Weekend Parking Availability

1. Church parking is limited. Please park within the lines;
2. Scarborough Cres. (dead end street in front of the church) - east side only;
3. Kingston Rd. - north and south sides on weekends;
4. Midland Ave. - east and west sides near John Leslie School;
5. Kelsonia Ave. - north side (east of Scarborough Cres. only);
6. Certain parts of the residential area south of the church;
7. No Frills Plaza. (If shopping after mass).

Please ensure that you always observe the parking signs.

SIGN UP! We encourage parishioners to sign up on our parish website to receive an electronic copy of the parish bulletin or be notified of important parish announcements

Confessions

Friday: 6:30 PM; Saturday: 4:30 PM;
Sunday: 9:30 AM & 11:30 AM.
(Begins 30 minutes before Mass and ends 10 minutes before the Mass)

Baptisms

By Appointment
Preparation Class Required

Weddings

Couples planning to be married should contact
the priest one year in advance.
A marriage preparation course is mandatory.

Parish Schools

St. Theresa's Shrine School - 416-393-5248
St. John Henry Newman Catholic School - 416-393-5519
TCDSB - 416-222-8282 ext. 5314

Archdiocese of Toronto

416-934-0606 • www.archtoronto.org

Parish Outreach

Society of Saint Vincent de Paul

416-261-7498 ext. 4

Welcome to St. Theresa Church, Shrine of the Little Flower, whether you are a long-time parishioner or newly arrived in the parish. We thank God that you are with us. If you have not registered or would like to update your registration information, please fill out this form, cut and drop in the Offertory basket or send to the Parish Office.

Name: _____
Address: _____
Phone: _____ Postal: _____
Email: _____

- New Parishioner New Address New Phone #
 Request Offertory Envelope Pls Unregister
 Interested in volunteering? Please call the office.

Please remember your Parish in your Will



Mass Intentions for the Week

Tuesday, February 13

- 7:00 pm † Roy Tracey (*Bernadette Tracey*)
 † Christina Flores (*Maria Tiongson*)
 † Virgilio Sanchez (*Lourdes Bambao*)
 † Pasquale Aldorasi (*Michel Lafrance*)

Wednesday, February 14

Ash Wednesday

- 7:00 pm † Maria Predko (*Juchniewicz Family*)
 † Matthew McParland (*Margaret Bass*)
 † Wotle Mariam (*Giovana Paulo*)
 † Emahoy Azaletch (*Giovana Paulo*)

Thursday, February 15

- 7:00 pm † Annie Franco (*Madeleine Franco*)

Friday, February 16

- 7:00 pm † All Souls in Purgatory
 † Margot & Slim Hooker (*Wendy Hooker*)
 Thanksgiving for Lourdes & Ramon Bambao
 (*Lourdes Bambao*)

Saturday, February 17 (Vigil Mass)

First Sunday of Lent

- 5:00 pm † Thomas Yee (*Pam Yee & Family*)

Sunday, February 18

First Sunday of Lent

- 10:00 am For the Parishioners of St Theresa's
 12:00 noon † Jim Smith (*Mary Anne Hoyle*)



When is Ash Wednesday?—February 14

What is Ash Wednesday?

This day marks the beginning of Lent. We attend Mass on this day and receive the Ashes on the forehead as a sign of sorrow for sin and as sign of our intention to become more faithful.

What is Lent?

Lent is the penitential season of the Church's year. It is 40 days of preparation to renew our Baptismal vows on Easter Sunday. During this time, we seek closer union with the Lord through increasing the disciplines of fasting, prayer, and giving of alms (charitable giving).

Lenten Fast & Abstinence

Catholics are obligated to Fast & Abstain from meat on Ash Wednesday & Good Friday.

The Fast on Ash Wednesday and Good Friday.

The required fast on Ash Wed and Good Friday involves eating only one full meal on those days. One or two smaller meals may be taken on those days, but may not total one full meal. The required fast does not allow eating anything between meals.

Abstinence on Ash Wednesday and Good Friday

Abstinence on these days from meat does not intend the omission of eggs or dairy products.

Age Requirements

"All Catholics who have completed their 14th year are bound by the law of abstinence; all adults are bound by the law of fast up to the beginning of their 60th year.

Fridays of the Year

It is a requirement of our Faith that we abstain from meat on all the Fridays of the year (except on Solemnities) in commemoration of our Saviour's death.

(It is permitted to substitute an act of charity in place of abstinence from meat)

Let Us Pray

FOR THE SICK

Derek Dalton,
 Elaine & Marcelle Britto,
 Gloria Sunico,
 David Deeson,
 Leonard Cianfrogna,
 Carmelina Aquino,
 Maureen Seguin,
 Colleen Mills, Ed Tan,
 Rene Sagolili,
 Earl Villareal,
 John Facchini,
 Sally Baker, Irene
 Barnes, Belinda Lobo,
 Margaret Wilson, Norma
 Salmingo, Judy Discutido,
 Susan Tighe,
 Vivian Potter,
 Paul & Monica Brewster

12 Prayers for Married Couples

- Pray God will Grow You as Individuals
- Pray for God's Guidance in Your Marriage
- Pray a Prayer of Thanksgiving for Each Other
- Pray a Prayer of Appreciation for Each Other
- Pray God will Give You and Your Spouse Love for Each Other
- Pray God will Give You and Your Spouse Kinds Words for Each Other
- Pray God will Give You and Your Spouse Compassion for Each Other
- Pray God will Give You Strength to Fight the Enemies of Your Marriage
- Pray God will Place a Burden to Serve Each Other on Your Heart
- Pray God will Give You Each a Humble Heart
- Pray that Honesty will Overflow in Your Marriage
- Pray God will Give You a Forgiving Heart

DEVOTIONS FOR LENT

Stations of the Cross

Every Friday of Lent after the 7PM Mass
 February 16 Stations of the Cross will be led by the Knights of Columbus
 (Good Friday: Stations at 7PM)

Exposition of the Blessed Sacrament

With Silent Adoration, Concluding With Benediction
 Sundays of Lent: 4PM-5PM
 (Last Sunday is March 17)

UPDATE ON SHARELIFE



We have just received the final report for the 2023 campaign from ShareLife. **Our parish grand total was \$41,664.96.** We exceeded our goal of \$40,000. Heartfelt thank you to all for your generous contributions, and to donors who contributed directly to Share Life on behalf of our parish.

Your support for ShareLife brought the hands of Christ to those in need. Because of you, ShareLife agencies annually help more than 150,000 people.

- You eased the struggles of more than 13,000 people by providing over 45,000 mental health services;
- You offered quality care and companionship to over 2,800 vulnerable seniors;
- You invested in our Church's future by supporting 62 seminarians at St. Augustine's Seminary and Redemptoris Mater Missionary Seminary in the 2023-2024 academic year;
- You helped sponsor 708 refugees on their journey to safety and freedom in Canada;
- You extended a helping hand to over 1,600 young parents and their children; and
- You provided accessible, dignified support to over 2,300 people with special needs and their families.

Thank you for living the Gospel by providing for those in need!

Spiritus East Young Adult Ministry: "eu-charis-tia" Mass // Talk // Fellowship (Ages 19 - 35)

Our February ministry night will be on **Tuesday, Feb 13, 2024 at St Aidan Roman Catholic Church**. As Catholics, the Mass is the source and summit of our life. In Greek, the word "charis" in Eucharist means grace. Come join us as Fr Joshua Roldan shares on the graces that flows from the Eucharist. We will be participating in a walkthrough of the Mass to receive more fully the Lord with joy and thanksgiving. Bring your friends and see you there! For more information or to get involved please contact Samantha Goh, Eastern Region Young Adult Minister, at spirituseast@gmail.com or 416.599.7676

THE WORLD DAY OF PRAYER

Theme: "I Beg You... Bear With One Another in Love"

Our parish will celebrate The World Day of Prayer on Saturday, March 2 at 1pm in church.

This year's program calls us to **bear with each other in love, despite all difficulties and oppression**. The program was written by a group of ecumenical Christian Palestinian women in response to the passage from Ephesians 4:1-7.

The World Day of Prayer Committee reflected collectively on this theme from the context of our suffering as Palestinian Christian women. We hope to inspire other women around the world to bear with one another in love during troubled times.

The World Day of Prayer is traditionally held on the first Friday of March. Each year, since 1927, a different host country or committee has prepared the content of the World Day of Prayer service.



Pancake Breakfast

Sunday, February 11
At the Parish Hall
after 10 am & 12 noon Masses

The Knights of Columbus invites everyone to a Pancake Breakfast this Sunday. Eggs, sausages, pancakes, fruits, potatoes, coffee & juice will be served. Cost for adults \$8.00 and \$6 for children, \$25 for family. Let us all support this event that will benefit our parish community.

A Four-Week *Lenten Series*

ON PRACTICAL SPIRITUALITY &

Questions You Have Always Wanted to Ask

February 26 • March 4 • March 11 • March 18

7PM-8 PM in Parish Hall

THE FIRST HALF HOUR: Deacon Peter Lovrick will discuss methods for a practical spirituality.

SECOND HALF HOUR: discussion about your questions you've always want to ask about the Faith or the Church.

Please add your name to the '**Sign-Up Sheet**' at the entrances of the Church so we will know how many to expect.

Also, we ask that you consider asking your questions in advance by writing them on the Question Sheet alongside the Sign-Up Sheet.

Alternatively, you can email your questions to the parish email: sttheresassc@archtoronto.org. In the email subject line please write "Lenten Series".

CONFIRMATION CANDIDATES

Test 2 this month of February.

Parents make appointment with Fr Simon

FIRST HOLY COMMUNION CANDIDATES

Test 2 this month of February.

Parents make appointment with Fr Simon

2023 Charitable Tax Receipts are now available at the back of the church. For those who donated to the Society of St Vincent de Paul, your receipts are also available for pick up. Thank you for your continued support and generosity over the years. ♥

COLLECTION REPORT FEBRUARY 3 & 4	
Offertory	3,085.50
Renovation	1,101.00
Offertory Pre-Authorize Giving (PAG)	328.93
Renovation Pre-Authorize Giving (PAG)	350.00
Online Donations	50.00
Mass Stipends	280.00
Candles	267.55
TOTAL COLLECTION: \$	5,462.98
Estimated Weekly Expenses	4,500.00
Surplus: \$	962.98

Debbie Mitchell
Sales Representative



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