

# St. Theresa's Parish

## Shrine of the Little Flower

2559 Kingston Road, Scarborough  
Ontario M1M 1M1

Phone: 416-261-7498

Email: sttheresassc@archtoronto.org

Website: <https://sttheresassc.archtoronto.org>

*Pastor: Rev. Fr. Simon de Gale*

*Deacon: Rev. Mr. Peter Lovrick*

*Secretary: Maria Ciela Sarmiento*



### Sunday Masses

Saturday (Vigil) - 5:00 p.m.  
Sunday - 10:00 a.m. & 12:00 noon

### Weekday Masses

Wednesday, Thursday, Friday - 7:00 p.m.  
Tuesday - 7 p.m. (*St. Theresa Devotion & Benediction*)

### Eucharistic Adoration

First Friday, 2:00 to 6:00 p.m.

### Care of the Sick

Please contact the parish office for Visitation  
and/or Communion for the sick.

### Office Hours

Monday, Tuesday, Wednesday & Friday:  
9:00 a.m. – 12 noon & 1:00 – 5:00 p.m.  
Thursday, Saturday, Sunday: Office is closed  
(Above Schedule Subject to Change)

### Weekend Parking Availability

1. Church parking is limited. Please park within the lines;
2. Scarborough Cres. (dead end street in front of the church) - east side only;
3. Kingston Rd. - north and south sides on weekends;
4. Midland Ave. - east and west sides near John Leslie School;
5. Kelsonia Ave. - north side (east of Scarborough Cres. only);
6. Certain parts of the residential area south of the church;
7. No Frills Plaza. (If shopping after mass).

**Please ensure that you always observe the parking signs.**

**SIGN UP!** We encourage parishioners to sign up on our parish website to receive an electronic copy of the parish bulletin or be notified of important parish announcements

### Confessions

Friday: 6:30PM; Saturday: 4:30PM;  
Sunday: 9:30AM & 11:30AM.  
(Begins 30 minutes before Mass and ends 10 minutes before the Mass)

### Baptisms

Every Fourth Sunday of the month  
Preparation Class - By appointment only

### Weddings

Couples planning to be married should contact  
the priest one year in advance.  
A marriage preparation course is mandatory.

### Parish Schools

St. Theresa's Shrine School - 416-393-5248  
St. John Henry Newman Catholic School - 416-393-5519  
TCDSB - 416-222-8282 ext. 5314

### Archdiocese of Toronto

416-934-0606 • [www.archtoronto.org](http://www.archtoronto.org)

### Parish Outreach

### Society of Saint Vincent de Paul

416-261-7498 ext. 4

*Welcome to St. Theresa Church, Shrine of the Little Flower, whether you are a long-time parishioner or newly arrived in the parish. We thank God that you are with us. If you have not registered or would like to update your registration information, please fill out this form, cut and drop in the Offertory basket or send to the Parish Office.*

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_ Postal: \_\_\_\_\_  
Email: \_\_\_\_\_

- New Parishioner    New Address    New Phone #  
 Request Offertory Envelope    Pls Unregister  
 Interested in volunteering? Please call the office.

**Please remember your Parish in your Will**



## Mass Intentions for the Week

### Tuesday, February 14

#### Saint Cyril & Saint Methodius

7:00 pm † Roy Tracey (*Bernadette Tracey*)  
† Michael Barcellos (*Imelda & Vic Walker*)

### Wednesday, February 15

7:00 pm Memorial of Our Lady of Lourdes  
Thanksgiving of Lourdes Bambao

### Thursday, February 16

7:00 pm † Simeon Rodilla (*Norma Segui*)

### Friday, February 17

7:00 pm † All Souls in Purgatory  
† Thomas Yee (*Pam Yee & Family*)  
† Thomas Cassidy (*Bernadette Tracey*)

### Saturday, February 18 (Vigil Mass)

#### Seventh Sunday in Ordinary Time

5:00 pm For the Parishioners at St Theresa's

### Sunday, February 19

#### Seventh Sunday in Ordinary Time

10:00 am † Jim Smith (*Mary Anne Hoyle*)  
12:00 noon † Adelle Diaz (*Raquel Diaz*)



## Let Us Pray FOR THE SICK

Ethlyn Cornwall, Norma Salmingo, Judy Discutido, Vic Walker, Norman Garcia, Conchita & Del Laranang, Susan Tighe, Vivian Potter, Carmelina Aquino, Madeleine Franco, Paul & Monica Brewster, Nadia Moalic-Gagnon, Vesca Isaef, Bobbi Melchers

## FOR THE DECEASED

Eva Ann Foley

## World Day of the Sick

The World Day of the Sick is always celebrated on the  
Feast of Our Lady of Lourdes  
(Saturday, Feb 11)

**This year we will transfer Our Lady of Lourde's Feast  
and the World Day of the Sick to this coming  
Wednesday, February 15, 2023, at the 7PM Mass.**

**The Sacrament of the Anointing of the Sick will be  
administered at this Mass.**

Those who have any chronic illness or are being treated  
for a serious illness or are in danger of death by virtue of  
age may receive the Sacrament of Anointing

## TODAY IS MARRIAGE SUNDAY

### *A Prayer for Married Couple*

Father of life and love,  
You created us in your image – woman and man.  
We rejoice and thank you for the gift of each other.  
Sustain us in our love and lead us to a deeper understanding  
of your love.



Jesus, we come before you,  
seeking your guidance and direction  
in our relationship.  
In marriage you call and challenge us  
to a permanent, exclusive, and sacred friendship.  
Be our strength and support, therefore,  
as we continue this journey together.

Holy Spirit, help us to strive towards a lasting,  
honest commitment united in love.  
Give us your strength to carry each other  
in times of darkness,  
your joy in times of happiness,  
and your gift of awe in the uniqueness  
and sacredness of each other.  
May our love be a reflection and  
a sign of your love in the world.  
Amen.

## POPE'S PRAYER INTENTION FOR FEBRUARY

### For Parishes

We pray that parishes, placing communion at the center,  
may increasingly become communities of faith, fraternity  
and welcome towards those most in need.

COLLECTION REPORT	Feb 4 & 5
Offertory	2,724.05
Offertory Pre-Authorize Giving (PAG)	290.62
Renovation	929.00
Renovation Pre-Authorize Giving (PAG)	117.87
Baptism & First Holy Communion	70.00
Mass Stipends	710.00
<b>TOTAL COLLECTION: \$</b>	<b>4,841.54</b>
Weekly Collection Budget (to break-even with overhead)	4,500.00
<b>Surplus: \$</b>	<b>341.54</b>

**Reminder: Pancake Breakfast next Sunday!**

## COUNTDOWN FOR LENT BEGINS

**When Is Ash Wednesday? -- February 22**  
DISTRIBUTION OF ASHES AT 7PM MASS

### What is Ash Wednesday?

This day marks the beginning of Lent. We attend Mass on this day and receive the Ashes on the forehead as a sign of sorrow for sin and as a sign of our intention to become more faithful.

### What is Lent?

Lent is the penitential season of the Church's year. It is 40 days of preparation to renew our Baptismal vows on Easter Sunday. During this time, we seek closer union with the Lord through increasing the disciplines of fasting, prayer, and giving of alms (charitable giving).

### Lenten Fast & Abstinence

Catholics are obligated to Fast & Abstain from meat on Ash Wednesday & Good Friday.

### The Fast on Ash Wednesday and Good Friday.

The required fast on Ash Wed and Good Friday involves eating only one full meal on those days. One or two smaller meals may be taken on those days, but may not total one full meal. The required fast does not allow eating anything between meals.

### Abstinence on Ash Wednesday and Good Friday

Abstinence on these days from meat does not intend the omission of eggs or dairy products.

### Age Requirements

"All Catholics who have completed their 14th year are bound by the law of abstinence; all adults are bound by the law of fast up to the beginning of their 60th year.

### Fridays of the Year

It is a requirement of our Faith that we abstain from meat on all the Fridays of the year (except on Solemnities) in commemoration of our Saviour's death.

## PARISH LENTEN MISSION

**Date: March 18-22, 2023**

**Preacher:** Fr Francis Ching, Companions of the Cross  
Fr Ching will preach at all Sunday Masses on the weekend of March 18/19

### Monday, March 20, 7PM Mass

(Solemnity of St Joseph)

**Theme:** *"Who Do You Say I Am?"*

After Mass and during Adoration a 20 to 30 min talk follows and concludes with Eucharistic Healing  
(Time frame: 7PM-9PM)

### Tuesday, March 21, 7PM Mass

**Theme:** *"Give God Permission"*

After Mass and during Adoration a 20 to 30 min talk follows and concludes with Eucharistic Healing  
(Time frame: 7PM-9PM)

### Wednesday, March 22, 7PM Mass

**Theme:** *"You Are Free Indeed"*

After Mass and during Adoration a 20 to 30 min talk follows and concludes with Eucharistic Healing  
(Time frame: 7PM-9PM)

### What is a Lenten Mission?

A Lenten special mission is held by most Catholic Parishes each year during Lent. **It is an opportunity to set aside specific time to pray, meditate and reflect, and most importantly, to do this as a parish community.** The mission is a time of renewal of our relationship with God and each other.



## Final Report

We have just received the final report for the 2022 campaign from ShareLife. **Our parish grand total was \$39,365.35. We exceeded our goal of \$38,000.00.** **Heartfelt thank you** to all our parishioners for your generous contributions, and to donors who contributed directly to ShareLife on behalf of our parish. ♥

## 2022 Charitable Tax Receipts

The Charitable Tax receipts for donations in 2022 are now available for pick up at the back of the church. For those who donated to the Society of St Vincent de Paul, your tax receipts will be sent to you by SSVP via mail. St. Theresa's Parish is always grateful and appreciates your generosity and continuing support. ♥

**Debbie Mitchell**  
Sales Representative



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